

2026 EXPLORE Summer Intensive English (15 - 18)

STUDENT CLASS AND EXTRACULAR ACTIVITIES - WEEK 1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30		BREAKFAST Day 1	BREAKFAST Day 2	BREAKFAST Day 3	BREAKFAST Day 4	BREAKFAST Day 5	BREAKFAST
9:00		Morning Lesson: Academic English Foundations	Morning Lesson: Writing with Structure and Purpose	Morning Lesson: Listening for Academic Success	Morning Lesson: Reading for Meaning and Inference	Morning Lesson: Speaking with Confidence	EXCURSION
10:00		Introduction to academic vocabulary, tone, and grammar structures essential for formal writing and discussions.	Learn how to write organized paragraphs and short academic essays with strong topic sentences, transitions, and conclusions.	Focus on listening strategies through lectures, podcasts, and interviews—students learn to take notes and summarize key points.	Practice analyzing longer texts, identifying main ideas, context clues, and drawing conclusions—skills critical for academic reading.	Techniques for effective spoken English, including intonation, clarity, and presenting opinions in academic discussions.	
11:00							
12:00		Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	
13:00	STUDENT'S ARRIVAL & COLLEGE DORM CHECK-IN						
14:00		Afternoon Workshop: Team Icebreakers & Critical Thinking Games	Afternoon Workshop: Grammar Clinics & Peer Editing	Afternoon Workshop: Newsroom Challenge	Afternoon Workshop: Argument Building & Debate Prep	Afternoon Workshop: Mini Debates	
15:00		Interactive speaking activities and games to break the ice, improve thinking in English, and encourage group collaboration.	Hands-on grammar correction sessions and peer reviews to refine writing and develop editing skills.	Students act as news anchors, reporting current events using clear English and formal tone, reinforcing listening and speaking skills.	Learn how to construct persuasive arguments and prepare for formal debates.	Students apply speaking skills in mini debates on global and youth-relevant topics, enhancing fluency and critical expression.	
16:00	WELCOME RECEPTION	Guided Tour	Guided Tour	Guided Tour	OUTDOOR ADVENTURE	Career Talk & Networking	
17:00							
18:00	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
19:30	ICEBRAKER Meet your Counsellors and get to know each other.	Evening activities	Evening activities	Evening activities	Evening activities	Evening activities	Evening activities
22:30	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)



STUDENT CLASS AND EXTRACULAR ACTIVITIES - WEEK 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30	BREAKFAST	BREAKFAST Day 6	BREAKFAST Day 7	BREAKFAST Day 8	BREAKFAST Day 9	BREAKFAST Day 10	BREAKFAST
9:00		Morning Lesson: Advanced Grammar for Academic Writing	Morning Lesson: Reading for Exams (IELTS/TOEFL Focus)	Morning Lesson: Listening & Speaking for Formal Settings	Morning Lesson: Mastering Professional Writing (Emails, Reports, Statements)	Morning Lesson: Final Review & Skill Integration	Departures
10:00		An introduction to more complex grammar structures that are commonly used in academic writing, with practical applications.	Strategies to tackle reading comprehension sections under timed conditions.	Practice academic listening and delivering spoken responses in formal interviews or classroom settings.	Focus on functional English: writing cover letters, formal emails, or personal statements.	Students will revisit key grammar, vocabulary, reading, writing, and speaking concepts covered in the course. Focus will be on integrating skills for real-world and academic use.	
11:00							
12:00	LUNCH	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	Lunch: English-speaking practice over meals to encourage natural conversations and full immersion.	
13:00							
14:00	Free Time, Creative Workshops, Attend Local Festival	Afternoon Workshop: Academic Peer Reviews	Afternoon Workshop: Exam Simulation Practice (Reading Section)	Afternoon Workshop: Mock University Interview Practice	Afternoon Workshop: Workplace English Roleplay	Afternoon Workshop: Mock Exam (IELTS/TOEFL Simulation)	
15:00		Students read and critique each other's essays, offering feedback and improving academic reading/writing synergy.	Timed reading drills followed by discussion of strategies and common mistakes.	Students engage in mock admissions-style interviews to sharpen confidence and articulation under pressure.	Simulate workplace scenarios such as meetings, presentations, and business interactions in English.	Students take a timed mock test, rotating through sections (writing, speaking, reading, or listening). Afterward, they review answers with teachers and peers to discuss strategies and improvements.	
16:00		EXCURSION	EXCURSION	EXCURSION	EXCURSION	Graduation Ceremony & Awarding of Certificates	
17:00							
18:00	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
19:30	Evening activities	Evening activities	Evening activities	Evening activities	Evening activities	Gala Dinner & Graduation Party	
22:30	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	Lights Out (Bedtime)	STUDENT'S SEND OFF

NOTE:

✓ **Outdoor Activity Choices:** Students can choose between sports and non-sports activities during designated outdoor activity times. Options will be guided by staff and counselors.

✓ **Food Restrictions:** Meals will cater to vegetarian, vegan, halal, kosher, gluten-free, nut-free, and other allergy-specific diets. Students should inform staff of dietary requirements in advance.

LITE REGAL EDUCATION

INSPIRATIONAL SUMMER SCHOOL 2025